

# **Welcome to Research Council**

## **December 6, 2021**

- To submit questions please use the chat feature which can be found on the control panel at the bottom of your screen.**

# Congratulations to our newly elected ECOR representatives!



**Jill Goldstein, PhD**  
Psychiatry / Medicine  
Innovation Center on Sex Differences in Medicine  
*Professor*



**Jocelyn Carter, MD, MPH**  
Medicine  
Division of Internal Medicine  
*Assistant Professor*



RC 12-6-21

# Center for Faculty Development

**Miriam Bredella, MD**

Director Center for Faculty Development  
Professor of Radiology, Harvard Medical School  
Vice Chair, Faculty Affairs Department of Radiology



MASSACHUSETTS  
GENERAL HOSPITAL

CENTER FOR FACULTY  
DEVELOPMENT



# NEW INITIATIVES

# TEDxMGH

x = independently organized TED event

TEDxMGH presents inspirational stories from the MGH community, including how people have handled challenges through innovation, resilience, vulnerability, and connection.



## Introduction to TEDxMGH

You can also view the video series introduction by **Darshan Mehta, MD**, Interim Director of the Office for Well-Being

[View video here](#)

Interested in giving a TEDxMGH talk? Click below and tell us your story.

[Submit story for TEDxMGH](#)



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November release-



## Putting the Most Meaningful Things First

**O'Neil Britton, MD**, Mass General Senior Vice President and Chief Medical Officer, talks about his life and experiences while trying to focus on always putting the most meaningful things first.

[View video here](#)

December release-

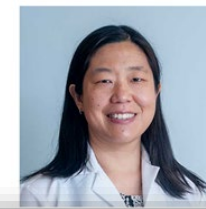


## Choosing Happy: A Journey Through Grief & Loss

**Dr. Kerri Palamara McGrath**, Physician, Mother, Wife, and Coach, talks about her journey through grief and loss, and the choices she has made to find her renewed sense of happiness.

[View video here](#)

January release-



## If We Are Willing

**Connie Chang, MD**, Musculoskeletal Diagnostic and Interventional Radiologist, talks about her journey through life and the choices she made along the way.

[Click for video](#)

February release-



## My Journey with Depression

**Shannon E. Scott-Vernaglia, MD**, Physician/Patient, Educator/Learner, Mother/Daughter, talks about her journey through depression, and her choice to talk about it openly.

[Click for video](#)

March release-



## Your Story Matters Even (Especially) Now

**Suzanne Koven, MD, MFA**, *Writer-in-Residence and Primary Care Physician*, talks about finding her voice and why it is so important to share our story – now, more than ever.

[Click for video](#)

April release-



## Where Unicorns Thrive

**Donna Matthews Jarrell, DVM, DACLAM**, MGH Attending Veterinarian & Lean/Agile Leader, talks about the importance of being a unicorn—of holding on to her identity—and of recognizing the voice of other unicorns.

[Click for video](#)

May release-



## Tomorrow Never Knows

**Peter Grinspoon, MD**, *Doctor, Cannabis Specialist, Health Coach*, shares his journey with addiction and what he learned about the importance of compassion and empathy in nurturing and cherishing human relationships.

[Click for video](#)

June release-

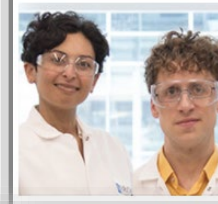


## Embracing Your Weirdness

**Rajani C. LaRocca, MD**, *Physician and Author*, embraces her penchant for writing and the importance of perseverance—of learning, growing, and discovering and appreciating all the links between one's career and one's passion.

[Click for video](#)

July release-



## A Patient-Scientist's Path to Prevention

**Sonia Minikel Vallabh, PhD and Eric Vallabh Minikel, PhD**, *Prion Scientists*, share their journey from discovering that Sonia has inherited a genetic mutation that killed her mother to remaking their careers as biomedical researchers, in a race against time that is worth every minute.

[Click for video](#)

August release-



## Curiosity, Belonging, and Becoming: Finding Yourself in the Noise

**Josué D. Espinoza, MHA**, *Administrator, Writer, and Fabulous*, talks about the relationship between curiosity and belonging—the importance of those values out to be able to find one's true self and feel comfortable with who we are.

[Click for video](#)

September release-



## Women, World's Catalysts

October release-



## Things Happen for a Reason

December release-



## Equity and Inclusion through Empathy

**Daniel Burje Chonde, MD, PhD**, *Radiology Resident and Executive Director of The Peoples' heART*, shares his journey that started with his parents protecting him from racism, through the trauma of feeling invalidated for speaking up, to settling into a “colorless” world until coming to Boston where he learned the crucial importance of empathy by doing equity work. His discovery led to this question: What if we had a new way to experience empathy?

[Click for video](#)



# Anne Klibanski Visiting Lecture Series

The Anne Klibanski Visiting Lecture Series was created to support and advance the careers of women. These lectures bring together faculty from institutions that have hosted Anne Klibanski Scholars with MGH scholars, on topics that overlap both research areas.

## DECEMBER SESSION

**Tuesday, December 7, 2021**

**5:00 - 6:00 pm EST (4:00-5:00 pm CST)**



### "Relative Hormone Deficiencies in Obesity"

**Katherine N. Bachmann, MD, MSCI**, Endocrinologist and  
Clinical Researcher, Vanderbilt University Medical Center &  
Nashville VA Medical Center

**Laura E. Dichtel, MD, MHS**, Endocrinologist, MGH/HMS



#### Learning Objectives:

Upon completion of this activity, participants will be able to:

- Understand the physiology and cardiometabolic effects of the natriuretic peptide hormone system.
- Recognize that obese individuals may experience a relative natriuretic peptide deficiency and appreciate the possible clinical implications of this.
- Appreciate that obesity is a state of relative growth hormone deficiency.
- Understand the impact of growth hormone on NAFLD-related endpoints in obesity.

**Tuesday, December 14, 2021**

**4:00 - 5:00 pm EST (1:00-2:00 pm PST)**



### "Cutting the Gordian Knot: Confronting Challenges to Patient Safety in Anesthesiology"

**Emily Methangkool, MD, MPH, HS** Associate Clinical  
Professor, University of California, Los Angeles (UCLA)



#### Learning Objectives:

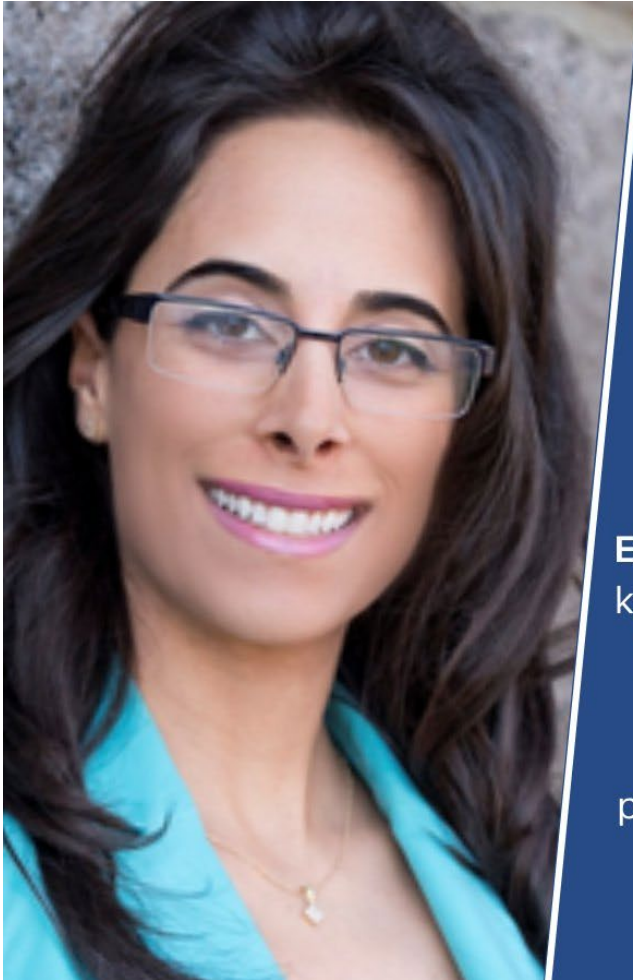
Upon completion of this activity, participants will be able to:

- Review the story of patient safety in anesthesiology.
- Discuss underlying problems in anesthesia patient safety, including the importance of having a healthy culture of safety and psychological safety.
- Describe current and emerging threats to anesthesia patient safety.





# New “Office for Senior Faculty Transitions”



The Center for Faculty Development presents...

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## Health of your Wealth: Financial check-up for retirement preparation

Wednesday, December 8, 2021

12:00-1:00pm EST

**Nora Yousif, Financial Advisor and First Vice President of the Empower Wealth Group at RBC Wealth Management**, will discuss key insights to help protect your family’s financial well-being, review how to help ensure you are on track to retire at your targeted age, discuss advanced strategies to help maximize your future social security monthly benefit, review what you need to know as it pertains to Medicare, and point out how to avoid investing pitfalls in light of rising interest rates and a recovering economy.

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## Have an idea to improve care delivery at MGH but don't know where to start?

JOIN US AS WE HEAR FROM DR. ROX ANDERSON  
ABOUT HIS OWN INNOVATION JOURNEY AT MGH.  
SPECIFICALLY, DR. ANDERSON WILL SHINE A LIGHT  
ON INTELLECTUAL PROPERTY AND THE PROCESS OF  
FILING AN INVENTION DISCLOSURE FORM FOR YOUR  
INNOVATION.

[Click here to register](#)

**THURSDAY, DECEMBER 9TH**  
**12:00-1:00PM**

*VIRTUAL EVENT ON ZOOM*

# Friday Dec 10<sup>th</sup> – 12-1pm

## Fun Friday

### KARATE

Friday, December 10 -- 12:00-1:00 pm

*Sponsored by the Office for Well-Being*

Fun Fridays offer a refreshing mid-day break from work to indulge in physical, mental, or creative activity.

Come learn traditional Uechi Ryu Karate, a system of self-defense that develops total body awareness, control and confidence. The class will focus on thoughtful movement, stances, balance, blocks, kata, strikes and other techniques, as well as having a fun cultural experience.



Presenter: **Noah Lucia** has been studying martial arts under the watchful eye of his father Duane Lucia for over 35 years. After graduating from college in 2008 he went on to Japan to teach English for a brief period before returning and assuming the role of owner and lead sensei of his family's karate school, Boston Budo. He's also now carrying on the family tradition by teaching his two young daughters karate.

[Click to register](#)



# CFD Faculty Development Podcast page



## MGH FACULTY DEVELOPMENT PODCAST



MGH FACULTY DEVELOPMENT PODCAST  
Anne Klibanski Visiting Lecture Series 3 with Drs. Lilia Zöllei an...

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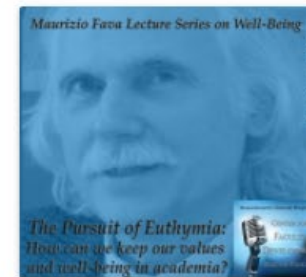
📶 ⬇️ ⌂

Did you miss an interesting session that the Massachusetts General Hospital's (MGH) Center for Faculty Development (CFD) offered because you were too busy in the clinic or in the lab? Were you out the day they offered it? This podcast was created because we understand your busy schedules and the CFD aims to serve you in your career development and will help with your work-life balance by providing this easy way to listen to all of the seminars we have offered right here on this podcast. Listen to it at your own convenience in your car, while you exercise, or relaxing on vacation. Just know that you may strengthen your skills at YOUR own pace! Please note that most of these podcasts are geared towards faculty, trainees and graduate students from the Massachusetts General Hospital. Thank you for listening!

<https://directory.libsyn.com/shows/view/id/mgh-faculty-development>



Anne Klibanski Visiting Lecture Series 3 with Drs. Lilia Zöllei and...  
03/11/2021



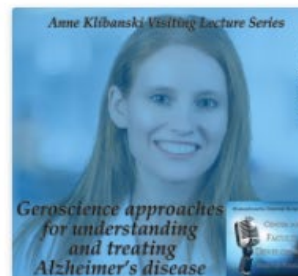
Maurizio Fava Lecture Series on Well-Being with Dr. Giovanni Fava  
03/03/2021



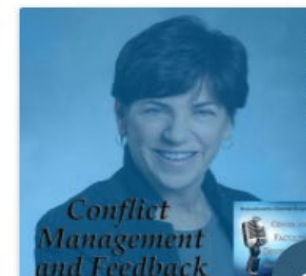
How to Stay on Track with Your PhD  
02/20/2021



Anne Klibanski Visiting Lecture Series 2 with Drs. Kerry Reynolds...  
02/17/2021



Anne Klibanski Visiting Lecture Series 1 with Dr. Mitzi Gonzalez  
02/16/2021



Conflict Management and Feedback  
02/15/2021



# Contacts

## Center for Faculty Development (CFD) at Massachusetts General Hospital

Phone: 617-724-0818

Email: [cfd@partners.org](mailto:cfd@partners.org)

Website: <https://www.massgeneral.org/faculty-development/>

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### Office for Clinical Careers

Phone: 617-724-0818

Email: [clinicalcareers@partners.org](mailto:clinicalcareers@partners.org)

### Office for Well-Being

Phone: 617-724-0818

Email: [cfd@partners.org](mailto:cfd@partners.org)

### Office for Women's Careers

Phone: 617-724-0818

Email: [womens.careers@partners.org](mailto:womens.careers@partners.org)

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### Office for Research Careers

Phone: 617-643-1606

Email: [orc@partners.org](mailto:orc@partners.org)

### Graduate Student Division

Phone: 617-643-1606

Email: [gsd@partners.org](mailto:gsd@partners.org)

### Postdoctoral Division

Phone: 617-643-1606

Email: [pdd@partners.org](mailto:pdd@partners.org)



# MGB Office for Global Professionals and Scholars (previously known as PIPS)

## Visa-related consultations:

- 12/8 Zoom office hours (2-3pm) for visa holders under sponsorship from GPS
  - Email [pips@partners.org](mailto:pips@partners.org) to register for a consultation with GPS

## J-1 Travel Signature Sessions (No Appointment Needed):

- 12/7 Travel Signatures in the East Lobby of Assembly Row from 3:30 – 5:00pm
- 12/16 Travel Signatures in the East Lobby of Assembly Row from 3:30 – 5:00pm
- 1/12 Travel Signatures in the East Lobby of Assembly Row from 8:30 – 10:00pm

## Contact Information:

Office for Global Professionals & Scholars (GPS)

Website: [pips.partners.org](http://pips.partners.org)

Email: [pips@partners.org](mailto:pips@partners.org)

Phone: 857-282-8211